



## Display Screen Equipment (DSE) Awareness

1½ Hours

The Display Screen Equipment Regulations require all workstations are assessed, to identify risks and offer solutions to minimise the possibility of injury and/or ill health to users of Display Screen Equipment

The course is specifically designed to permit a number of courses to be conducted on the same day, offering a very cost effective solution for employers requiring large numbers of staff to be trained.

### Designed for

All staff designated users Display Screen Equipment.

### Objectives

On completion of the course delegates will recognise the hazards and risks associated with the use of Display Screen Equipment, know how to set up a workstation and the importance of correct posture to reduce those risks. In addition, delegates will understand the importance of work patterns in the reduction of risk.

### Content

#### What are the risks?

- Musculoskeletal
- Vision
- Stress and fatigue

#### Company policy

- Training
- Equipment/software selection
- Duty to assess

#### Setting up the Workstation

- General environment
- Lighting
- Seating
- Screen adjustment

#### Eyesight Testing

- Duty of the employer
- Duty of employee

#### Summary and Close

**Note:** This course can be tailored to meet your exact needs. For further information or to obtain a quotation contact Line Business Services Ltd on 0117 986 2194