



## Display Screen Equipment (DSE) Assessor

1 Day

The Display Screen Equipment Regulations require all workstations are assessed to ensure compliance with the regulations and reduce the potential for injury and/or ill health to users.

This course is designed to equip the delegate with the necessary knowledge and skills to be able to undertake appropriate assessments and where necessary, advise the employer and staff of steps required to reduce the potential for risk.

### Designed for

Personnel designated to carry out risk assessments

### Objectives

On completion of the course delegates will:

- Know the legal duty to undertake risk assessments
- Recognise the hazards and risks presented by Display Screen Equipment
- Be able to undertake suitable and sufficient risk assessments
- Be able to advise on work patterns or physical changes to reduce risk

### Content

#### Outline of the Display Screen Equipment Regulations

Duty of the employer  
Duty of the employee

#### Company policy

Specific arrangements for Display Screen Equipment  
Equipment selection  
Training for users  
Record-keeping

#### Understanding the Hazard and Risks

Upper limb disorders - musculoskeletal  
Stress and fatigue  
Posture  
Vision  
Effect of lighting  
Basic ergonomics  
Heating and ventilation

#### Risk Assessment

Practical exercise  
Analysing results  
Setting up a workstation  
Report and feedback

#### Summary and Close

**Note:** This course can be tailored to meet your exact needs. For further information or to obtain a quotation contact Line Business Services Ltd on 0117 986 2194